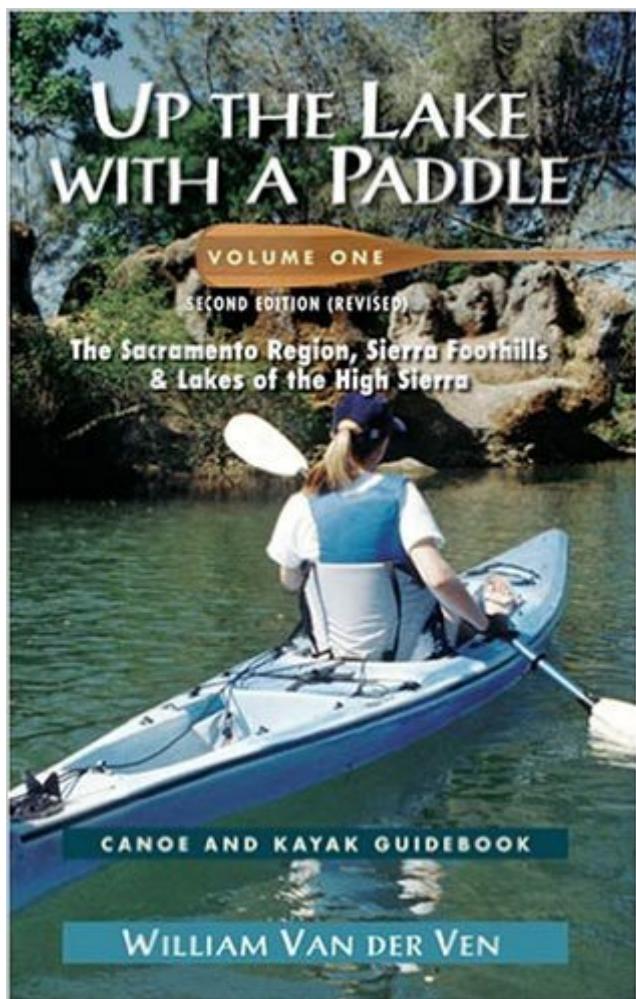


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# Up The Lake With A Paddle Vol. 1: Canoe And Kayak Guide : The Sacramento Region, Sierra Foothills, & Lakes Of The High Sierra



## Synopsis

Volume 1 of the Up the Lake with a Paddle series is the primary guidebook for paddlers looking for places to paddle within the Sierra Foothills and the Sacramento Region. The regions covered in this book are a paddler's paradise with spectacular lakes and scenic, quiet rivers. For those looking to plan a weekend getaway for two or a fun-filled family paddle this book is a must. The second edition now includes more information on the history, geology, plants, birds and animals of each region. Including GPS waypoints for paddle locations and more "In the Eddy" and "Paddle Notes," all the items the fans of this popular series enjoy.

## Book Information

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## Customer Reviews

Packed full of information - where to put in, where to paddle, distances, safety info, plus info on the flora, fauna and geology of the area. Great for planning and great to enhance your appreciation and enjoyment of the area. I'm looking forward to expanding my paddling options.

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